

FOOD & WINE

RELAX

AMAZING FOOD AND DRINK-BASED SPA TREATMENTS ACROSS AMERICA

BY KATIE CHANG | FEB 07 2017

Today, top spas across the country are tapping into the surprising skin-healthy benefits of some of our favorite foods and drinks, resulting in deliciously decadent treatments. Here, some of the best.



© The Betsy-South Beach

Mojito Mint Manicure and Pedicure at The Betsy-South Beach



At Miami's only entirely outdoor [spa](#), take advantage of the stellar views of Ocean Drive and balmy breezes while your feet are pampered with a cocktail-like combination of a mint leaf soak (to invigorate), sugar cane scrub (to exfoliate), and freshly-muddled lime oil (to hydrate).

The Betsy – South Beach

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